

## **Perlane, Restylane, Juvederm Treatment Information**

### **What are fillers?**

These fillers are clear, biodegradable gels containing hyaluronic acid, a substance found naturally in our skin. The products are naturally compatible with the body and require no skin testing prior to injection. The gel is gently injected into the skin in tiny amounts with a very fine needle. The result is instantaneous and produces a long-lasting, natural enhancement.

### **What areas of the face are normally treated?**

Typical treatments provide a “mini lift” and include: smoothing and contouring of smile lines or nasolabial folds; wrinkles at the corners of the mouth; acne scars; facial defects or depressions; restoring volume in and around the cheeks, and correcting asymmetric features.

### **How long will the treatment last?**

Most patients treated with dermal fillers should look for a correction that lasts 6-9 months, depending on the product used.

### **Does the treatment hurt?**

A topical anesthetic can be used to reduce pain associated with this treatment. We recommend you arrive 30 minutes prior to your appointment to apply anesthetic ointment. A mild anesthetic can also be combined with the product to immediately reduce discomfort during the treatment. There will be some tenderness at the site of injection for approximately 48 hours. Tylenol can be taken for discomfort.

### **Are there any lingering effects of the treatment and when can I return to my normal activities?**

There is minor inflammation and swelling from the treatment. This normally resolves within 24 hours, but has been reported to last as long as 72 hours. Makeup can be applied immediately after to cover any minor bruising or redness that may occur. Most patients resume normal activities a few hours after receiving treatment. Application of ice intermittently for a short period of time after the treatment will help reduce swelling.

### **Will the product become hard, calcified or noticeable to touch?**

Immediately after treatment there is temporary swelling and firmness lasting on average two weeks, thereafter, it will soften and take on the characteristics of the surrounding tissue.

### **How safe are they?**

All products are FDA-approved. The components have been used for over twenty years in other specialties of medicine. There have been minor complications reported by some patients where lumpiness or small nodules have occurred after treatment. Complications of this nature have normally resolved within two months.

### **What should I discuss prior to considering enhancement?**

If there is any history of herpes on the face we recommend taking an oral antiviral pill prior to your treatment. Bruising risks are increased with the regular use of aspirin, alcohol, blood thinners and some alternative medicine supplementation (ginkgo, garlic, and ginseng).

For more information visit:

[www.restylaneusa.com](http://www.restylaneusa.com) (for Restylane and Perlane)  
[www.juvederm.com](http://www.juvederm.com)

